

## **"As Above So Below, As With-In So With-Out, Shifting the 8 to the Infinite...." Techniques to Claim Your Divinity, Recognize Your Humanity, and Know All is Sacred.**

We are both Spirit and Human. We are Human Angels, God's and Goddesses in a human form. Both are Sacred! Light is sacred, dark is sacred. All dualities are but the same, Individuation, In Divinity, Indivisible, and Unified as one whole being of sacred intent. We exhale, and inhale, contract, and expand, we experience separateness and sameness, unity and division. Both Are Sacred!

All of our beings experiences and sensations serve us perfectly, each designed to teach us and give us opportunity to stand in our birthright to choose. We have Free Will, We can choose. "I choose to stand in my Light", "I choose to Love", "I Choose Truth", "I choose to Forgive".

As Humans *choosing* to be our highest self, our God/Goddess Self, we sometimes begin to think of our Human experience as less than our God/Goddess experience. However Both are Sacred!

As Humans experiencing duality, and multidimensionality, we sometimes begin to judge parts of our experience as being better than other parts. Our human mind or intellect as being stronger or better than our human emotions. Our self- governing structure and desire to control as being better than our flexibility or ability to let go. Our physical body as being less than our Spirit or Divine Self. As we play this game with ourselves, we begin to deny the "less than experiences" by pushing them into the shadow part of our being. Our less than experiences, such as fear and cruelty have never known love, for they were created in the absence of love, they remain in the shadow of denial and human judgment. Releasing all judgment of our 'less than experiences' frees them. Loving our "less than experiences" heals them. Inviting fear into love, allows it to heal and be brought forth into its highest transmuted form, thus freeing and empowering ourselves to be our Divinely Intended Form. Each Human experience is sacred; all of our emotions serve us perfectly. Each time we recognize our human being-ness and choose to love this experience, we are being our Sacred God Goddess Self.

### **We must not only Claim our Divinity, we must also Recognize our Humanity.**

By turning the 8 of heaven above earth to the Infinity of heaven beside earth, we can free ourselves of the illusion of separation or the "less/more than's". Think of holding one hand up, receiving the divine plan, and one hand down, loving the human experience We are the alchemist, the magician with the infinity symbol over our heads. balancing our fear with our Love. The left hand up receiving infinite abundance, and the right hand down sending forth our love and being at peace with our humanness.