



Conscious Co-Creation Formulas

SACRED SCIENCE OF MANIFESTATION,

In the awareness of being a God Goddess in human form, designed to co-create, one becomes conscious of the importance of choosing the divine plan or highest good. As humans we are Multi-Dimensional Beings experiencing multiple experiences at one time. The more consciously aware we become the easier it is to detach from the lower vibrations of the third dimensional world of duality and suffering. Through the free-will process of becoming Light, vibrating at a higher frequency of Christ Love, we begin to experience our unlimited potential in human form. Through our free-will we have the choice to tell our mind what to think and our body what to feel daily. As we shift our cognitions through the awareness of Choice and Divine Love we become free to experience Divine Love throughout every facet of our lives as Heaven on Earth. Humans have a conscious, sub-conscious and unconscious mind. The subconscious mind does not know the difference between third dimensional reality and imagined reality. Whatever thought, envisioned, imagined, heard or spoken repeatedly is picked up by the sub-conscious mind and projected into our reality. Without this awareness the subconscious mind can become chaotic, thus creating a chaotic life experience. It is important to make a commitment to practice living with conscious deliberate intent every moment.

Cognition is the process by which the sensory input is transformed, reduced, elaborated, stored, recovered, and used. Cognition is a faculty for the processing of information, applying knowledge, and changing preferences. Cognition, or cognitive processes, can be natural or artificial, conscious or unconscious. http://en.wikipedia.org/wiki/Cognition#cite_note-Blomberg-3

AFFIRMATIONS

An affirmation is a statement of fact or assertion, usually stated from a place of belief or acceptance. It is to declare ones support for, uphold or defend, to accept or confirm, to give a sense of value too. Firm is from the Latin word to make "firm" or into form. An affirmation is a way of cognizing the outcome we choose to create or experience.

"From the Unity Church: The definition of affirmative prayers is "to state the Truth, even in the face of contrary evidence." This means if you are sick, you affirm health. If you are poor, you affirm prosperity; if you are confused, guidance, etc. The idea is to affirm capital "T" Truth vs. small "t" truth.

The second and equally important step in affirmative prayer is to invite the presence of God within you to speak the Word. It isn't you who is doing the praying – it is the spirit of God within you who prays. It's surrendering to your higher Self and giving it Voice. Besides, if you think it is you who is doing the praying and a healing takes place, there will be no containing the ego. On the other hand, if you think it is you who is praying and a healing doesn't take place, the ego will deem you a failure. Pray affirmatively and let go. Only God can see around the corner and up ahead. Give your prayers over without attachment." <http://www.unityofsarasota.com/prayer-chaplain-program>

Affirming through the Sacred Trinity

A Three-Fold Formula for Co-Creation utilizes a consistent formula of three affirmations to release, choose again, and magnify or magnetically attract the new experience. Creating the new momentum that now rolls forward manifesting in form that word spoken into form. This formula works through the sacred science of the **Sacred Trinity**.

1. Release that which no longer serves, making a space or spiritual vacuum.
2. Choose again by claiming in the now or being open to experience the divine in form.
3. Magnify, by focusing on the divine intent often through repetitive affirmations, declaration, and declaring this to be the only chosen experience in the now and future.

By placing your hand on your Sacred Heart while Affirming Out-Loud, one automatically drops the mind through the heart connecting and unifying the polarities of duality. This is much like connecting the positive and negative side of a battery to turn on the current, or in this case the life source of Divine Fohat. With a hand on the Sacred Heart begin to decree, and proclaim out loud the desired intent through the Throat Center of Creative Active Intelligence.

The First Three Rays of God.

Ray 1, Divine Will and Power, anchors and is activated in the Crown.

Ray 2, Divine Love and Wisdom, anchors and is activated in the Sacred Heart.

Ray 3, Divine Creative Active Intelligence, anchors and is activated in the Throat.

THREE-FOLD FORMULA for MANIFESTATION.....

RELEASE Affirmation

The release affirmation empowers us to un-create and let go of any energetics that no longer serve us. It is our Birthright and our God given power to transmute, undo, forgive, release, rescind, delete, cancel or un-create or destroy all that no longer serves us, blocks our divine good or is not of love. This creates a spiritual vacuum or empty space for the newly chosen to manifest.

- 1. Release: Release any mental beliefs, assessments, structures, rules, should or anything else that no longer serves you. Most often we are releasing the Mental Body, or Human Mind of all the thoughts and believes we choose to be safe in the Third Dimensional World. They served us perfectly when we choose and now have become our limitations. Place your hand on your sacred heart and speak outloud.**

"I undo, rescind, rewind, delete, withdraw, let go, forgive, cancel, cast out, banish, release....."

"I release all soul level contracts, for all lifetimes that may be stored anywhere in my being both conscious and unconscious. I now choose to release that I have to try harder and work harder for my good."

"I now release all agreements that life is hard".

"I allow myself and am open to letting go"

"I release all judgment and condemnation of myself, everyone, everywhere, and everything for all time" "I release that I must wait for my Good."

NOW, ALLOW or OPEN Affirmations.

Many people have heard about affirmations and know of the Now affirmation. The now affirmation states a thought form as happening in the Now. "I now Forgive". The allow affirmation or I am open affirmation, moves past any soul level agreement that might veto the now affirmation. The I am open or I all, creates a bridge from the undesired experience to manifesting the Divinely Intended desire. "I allow Forgiveness into my life." "I open myself to experience"

2. **Invoke: Claim, Allow or Open yourself to receive that which you desire, is for your highest good, or is as God Goddess would create.** Place your hand on your sacred heart and speak outloud.

"I claim my Sacred Birthrights, Eternal Peace & Freedom, Infinite Love & Supply, and Sacred Truth in Knowing & Understanding as God Goddess or my Higher Self does.

"I Claim Easy Life as my Birthright, I am Open to easy, I allow myself to experience all the Easy Life that Spirit intends me to have. If it is Gods will that I have an Easy Life, I now am open and choose Easy Life"

"I Claim FREEDOM as my Birthright." "I Claim my Sacred Being."

"I Claim my Right to Exist, I Claim my Sacred Space, my Sacred Value."

"I take Back my Divinely Intended Power. I Claim my Power to be a Creator-Being"

"I now choose to invoke my Divinely Intended Birthrights"

"If it is Gods Will that I have the Power to be a Co-Creator Being, then I allow it"

"I Now Declare than Only Divine Order resides in me, everyone, everywhere and everything."

"I claim my success today and every day, I claim my good today and every day. I claim Victory in this process!"

3. **Magnify: Set yourself up for success, by being the magnet of your desire. Imagine, envision, speak and be the action of your desired outcome.** Choose with Deliberate Intent what you invoke, intend, and focus your energy on 24/7, as a conscious being. Place your hand on your sacred heart and speak outloud.

"I now only draw towards me life, people, situations and events that FREE me!"

"I now only draw towards me life, people, situations and events that are Easy!"

"I now only draw toward me relationships and life that are for my Highest Good."

"I Choose Love today, I Choose Joy today, I Choose Easy today"

"I imagine and envision the outcome that is for my Highest Good"

"I walk in Perfect Timing with the Universe, I Am at the right place at the right time. All timing is Divinely Ordered in my Life, I only draw towards me people, situations, life, and events that are Divinely Ordered and in Divine Timing"

Example Three-Fold Formula for Co-Creation: Place your hand on your Sacred Heart and Speak Out-Loud through the Power of the Spoken Word.

I release any soul level contract, vow, agreement, or pact that I have ever made in this life time or any life time, human and non-human that: (fill in blank)_____.

I Now Command these energetics' to cleared from my conscious and un-conscious memories including my akashic records, cellular memories, causal bodies and etheric blue print. Placing them into the Violet Flame to clear the memories, records, cause, core and effect for all lifetimes.

I CLAIM and take back my Inherent Birthright to be FREE. I Claim Freedom as my Birthright!

I Claim and take back my inherent Birthright's to have CHOICE and FREE WILL.

I NOW CHOOSE to Create a New Reality!

I NOW CHOOSE to create, (fill in Blank)_____

From this day forward, I only draw towards me, people, situations, or events that are of LOVING SAFE AND TRUSTWORTHY, and are: (fill in blank)_____.

Anything that is not this Choice is now banished from my life!!!

*Only DIVINE ORDER now exists in my Mind in my Body, in my Relationships and in my Life!
I AM CONNECTED!! I DO BELONG!!*

Conscious Co-Creation Formulas for Success:

Activate Divine Understanding. "I take back my POWER to be a CO-CREATOR BEING!

Place your hand on your heart, then speak OUTLOUD. " My Higher-Self now resides in me. Divine Understanding is now activated in me. I Claim my birthright to KNOW, HEAR, and SEE as God Goddess, as Spirit does. I take back my power to Know, See and Hear as God & Goddess does, through my own Sacred Heart, my own Knowing and my own Understanding. I ask my Soul and Higher-Self to be with me today and always. I thank my Soul and Higher-Self for answering all my questions and for showing me my Divine Pathway. I ask this knowledge and guidance to be PHYSICALLY DEMONSTRATED, CLEARLY REVEALED, PLACED IN FROM OF ME, "I ASK GOD FOR THE BURNING BUSH".

It is through the God-Self in the Sacred Heart that we can know the answers to all our questions and have our Divine Path revealed through us. It is Our Birthright to Know as God does and to be Divinely Guided. When we ask our Higher-Self or God a question from our Sacred Heart an answer is always provided, through the language of the Soul. As symbols, totems, coincidence, metaphor, synchronicity, two or more times.

Sacred Trust: Trust in self, Trust in Spirit, Trust in Life, and Trust in relationships. Open yourself to Trust that you are a powerful creator being, who is sacred, loved and worthy Just For Being! You have never done anything wrong and you never will. God is You! You are an Eternal, Infinite Co-Creator Being. Immortal! All life is an opportunity to experience individuation of your Divinity. You do not have to know how to Trust or Believe, just be open to it. Your Higher Self will do the rest.

"God I do not know who to trust, but I am open to experiencing Sacred Trust. If it is God's Divine Will, I Claim Sacred Trust as my Divine Birthright! I now only Draw to me people situations, and events that are safe and trustworthy. Please physically demonstrate sacred trust to me."

DIVINE WILL: Align with the Will of God or your Higher Self. "Not my will but GOD'S WILL now resides in me, my life, and this relationship." "If it is God's will that I have power, I co-create, I am Love, I am Light, I AM worthy, I AM Sacred, then I open myself and Allow myself to BE it." Choice equals Will! **To Choose is to Will.**

"I am now divinely aligned with the will of God. Not my lower human will but Divine Will now resides in me and my life. Divine Choices are now made known to me. I choose for the highest good with ease."

Freedom through Divine Detachment: Claim freedom and sovereignty daily. Once a day clear all other humans and non-human energies that may chord or attach to one of the causal bodies. Allowing for one to disentangle from the collective consciousness and freely manifest from the sacred heart as a free being.

“Through the power of the One Heart and Crystalline Christ Consciousness in me, I claim freedom and SOVEREIGNTY as my inherent right and reality! Daily: I command all other people's energies, entities and archons to free and release me now. I thank my Higher Self, Archangel Michael and his legions of light to do this for me.

I claim Divine Detachment as my inherent right and reality. I now love all people and all people love me without attachment. Light, Light, Light, I AM LIGHT!! Claim DIVINE DETACHMENT as my Inherent Birth Right! I Command all archons, entities or other beings energies that are attached to me, feeding from me, draining me, chording me, inhibiting me or binding me, to FREE and RELEASE me now. Including all sexual attachments. You are no longer allowed to attach to any part of me. I send everyone else's energy home to them. I call back to me my own energy. I thank the angels and my Higher-Self for doing this for me in the Now. From this Day Forward, I Claim Divine Detachment as my Inherent Right. I Now Love all people and all people Love me, without attachment.”

Protection: IT IS SAFE! Take back your Birthright of Divine Safety, Security and Stability. “Thank you God for directing me”, Thank you God for protecting me. Invite all fear and mistrust into love. “I invite the part of me that is in fear into love that part of me does not know love and has served me perfectly by teaching me to be safe. I thank all my Angels and Guides for now escorting all Fear into Love. “

“I Claim Divine Safety and Protection as my Birthright. I now only draw to me people, situations, and events where I experience being Safe and Protected.”

Forgive: Begin to forgive all painful experiences from your past. Let go of judgment and condemnation of self, everyone, everywhere and everything for all times. Again you do not have to know how, just be open to it. *“I do not know how or where I most need Forgiveness; I AM open to Divine Forgiveness.”*

Unify: Move out of the duality of the third dimensional world by stepping into the Unified Multi- dimensional world. Begin to pair all judgment and limiting thoughts and beliefs with the polarized good. Observe oneself 24/7 becoming aware of any repeated thought, feeling, or belief and begin to pair each negative or less than experience with the Highest Divinely Intended Form, or desire. Recognize your multidimensionality you are a Cosmic Being experiencing multiple realities at once.

Power of the One: *“I Claim the Power of the ONE, my one Unique Individualized Expression of my God Goddess Self and One with the Unified Power of the ONE HEART, ONE WHOLE, ONE UNIFIED CONSCIOUSNESS.” “Infinite options solutions, answers, ways, and choices are now lined up in front of me, and with the Power of the One, I now KNOW the ONE choice to choose in the ONE moment I choose that is for the Highest Good of ALL.”*

Commune: Mighty I AM. Send your Mighty I Am Presence, you Higher Self out ahead of you. “Thank you higher self for going out ahead to remove all obstacles, clear the way, and meet all my needs both known and unknown.” Commune with your Higher Self by sharing your hearts desires, your visions, needs, fears, etc... *“Thank you Higher Self for taking care of this situation ahead of me.”*

“I Send my Mighty I AM presence out ahead of me to remove all obstacles, fear, density and blockages and to take care of all my Divine Needs both known and unknown, prior to me getting there.”

Pleasure: It is our Birthright to experience Sacred Pleasure in Physical Form. All guilt, resentment, anger, shame, embarrassment, remorse, fear, and blame will keep us from our highest good and joy. Allow pleasure... “My mind pleases me, my body pleases me, my thoughts please me, my words please me, my family pleases me, my relationships please me, my home pleases me, my job pleases me, my life pleases me, everyone, everything and everywhere now please me. I only draw towards me divine pleasure.” Repeat the same affirmation with the word FREE’s and FREEDOM.

“I Claim Sacred Pleasure as my Birthright! My mind now pleases me, my body pleases me, my emotions please me, my friends and family pleases me. My work pleases me, my car pleases me, my bills please me, my life pleases me, everyone, everywhere and everything now please me. I AM PLEASED!”

“I Claim Freedom as my Birthright! My mind now frees me, my body frees me, my emotions free me, my past frees me, my present frees me, my future frees me, everyone, everywhere and everything now frees me. My family and friends free me. I AM FREE.”

ONLY LOVE IS REAL: Realize that anyone in your life who mistreats or behaves from a place of anger, jealousy, fear, or other dense emotion, is a Being in Pain. This person needs more love not less. As a Co-Creator Being you can choose to hold a space of LOVE for this person. “Only the Healing Love of God now resides in this person, their life, and our relationship.” “I open myself up to All the Love Spirit Intends for me.” “I only draw to me Love.”

